

...making light work for YOU!

Courtesy of Dr. Patrick Bowler – Court House Clinic



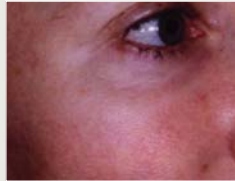
Before treatment



After six treatments



Before treatment



After four treatments

Ask for more details and book  
your consultation today.



#### Consultation Procedure

Prior to any treatment the qualified specialist will provide a full consultation.

The consultation identifies the expectations of the client and provides a complete explanation of the treatment.

A medical history is taken to confirm suitability for treatment and if the client wishes to proceed a written informed consent is obtained and a test patch is performed to confirm there are no adverse skin reactions to the light.



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INVESTOR IN PEOPLE

# Skin Rejuvenation

Combined Facial Therapy (CFT)  
Using Intense Pulsed Light

improve the  
appearance of  
fine lines,  
enlarged pores  
and skin tone

BRINGING YOU  
ADVANCED LIGHT TECHNOLOGY  
IN COSMETIC TREATMENTS

# Skin Rejuvenation

## Combined Facial Therapy (CFT)...

...the light source that works!

### How does Intense Pulsed Light work?

Intense pulsed light systems release precisely controlled strong pulses of filtered light that stimulate the fibroblast cells within the skin that produce collagen and elastin. This improves the radiance and tightness of the skin, controlling enlarged pores, and giving a more uniform complexion.

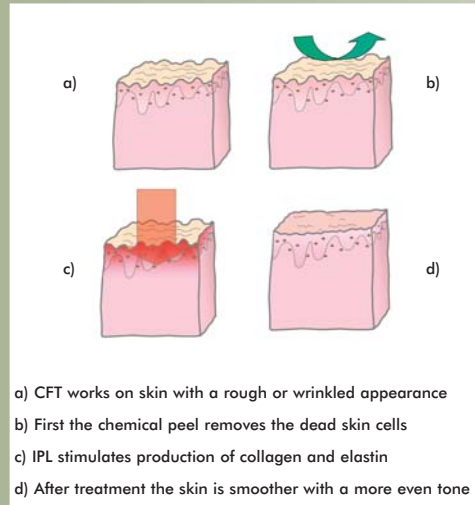


### How is the treatment carried out?

The skin is thoroughly cleansed, and then a mild, relaxing skin peel is applied. The peel removes the top layers of dead skin, leaving the skin feeling smoother and refreshed.

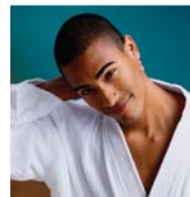


You will be asked to put on goggles to protect your eyes. A layer of chilled gel is applied to the area to guide the light into the skin. The light applicator is placed onto the skin and a short pulse of light is released. The applicator is then moved to the neighbouring area and the process is repeated until the entire area is treated. The chilled gel is removed and the area moisturised.



### Am I suitable for treatment?

Yes, the ideal patient is fair skinned but Lynton Lasers' systems have pre-programmed settings to maximise results for different skin types. If there are any areas of broken skin, treatment is delayed until the area has completely healed.



### How does the treatment feel?

No anaesthesia is required and most patients describe the discomfort as moderate and acceptable and liken it to a quick pin prick.

### What are the side effects?

The skin of some patients becomes quite red after treatment. However, most patients experience no side effects and any

skin reaction usually disappears within a few hours. Very rarely hyperpigmentation (darkening), hypopigmentation (whitening) or blistering of the skin may occur; and these are usually temporary.

### What should I expect after the treatment?

Redness and a slight warming sensation are normal after treatment. A cooling pack will be applied to the skin to ease these symptoms. You may see a darkening of any pigmented spots before they fall off, leading to an evening of skin tone. Tightening of the skin should increase over a 24-hour period, building up with each treatment and lasting between treatments. Some patients notice a slight swelling over the cheekbones, which may last for up to 72 hours.

### How many treatments are necessary?

Treatments are carried out every 2-3 weeks and 6 treatments are recommended for maximum results. Thereafter top-up sessions are performed as required.

### How long does each treatment take?

A facial treatment, including a skin peel usually takes about 45 minutes.

